

Continued from page 1

Apps for Lent

Nearly everyone uses Smartphones. Our smartphones can be an obstacle to prayer and spiritual life. However, during this Lent our phones can help us to pray as well. They can inspire us to prayer, penance and almsgiving. Given below are some of the Catholic Apps for Lent.

Laudate (Free): It is one of the most downloaded free Catholic apps. It has everything that a Catholic could want: Mass, prayers, Bible, Vatican II documents, Catechism, rosary, lives of saints, etc. You can also bookmark your favorite prayers here.

Catholic TV (Free): Helps us to stay on top of Catholic news.

RC Buddy (Free): It contains prayers, readings of the day, Rosary and liturgy of the hours.

Xt3 Lent Calendar (\$1.99): It contains much of what you need to make the most of every day in Lent. It contains daily readings, ideas for penance, inspirational quotes and important Feast Days.

Stations of the Cross walk with me (\$1.99): It is sold by the Daughters of Saint Paul. It is ideal for helping you fit the Stations of the Cross into your daily life.

Catholic meditations for Lent (\$2.99): It contains 63 meditations for Lent. It has a free trial version.

Father Augustine

We will continue our Bible Study next Sunday, February 14th, after the 10:30 a.m. Mass in the cafeteria. All are welcome. Please bring your Holy Bible, a pen and note pad.

In the Powerful Name of Jesus,

Fr. Freddie Thomas

Saint

400

www.staugustineoakland.com

Season

Is the season of Lent relevant for us today? We are so automated, so busy; why do we need prayer, fasting and almsgiving, the traditional Lenten practices? Actually a welcome change to our lives.

Prayer helps us to commune with God despite our limitations in our lives – sickness, disability, etc. Prayer moves us beyond our limitations and gives us strength and courage, joy and happiness. Prayer is the “nirvana” (liberation). Well, prayer is not an effort and why not try to pray more often?

Almsgiving, or charity, is a hallmark of a Christian by his/her baptism has a realization of who we are. We have all that we have is a gift. We are not perfect. Am I a good steward administering my gifts and talents? Lent is a time for me. God loves a cheerful giver.

Fasting may not be pleasant to some, giving up some food as a sacrifice.

Please remember in your prayers those who are ill:

Bob Shobar, Gloria Bautista, Virginia Nelson, Fr. Freddie's father, Thomas, Claudia Johnson, Theresa Allevato.

And those who have died:

Marilyn La Placa, Mary Flynn, Rose Thomas, Frankie Levine, Katie Johanni, Catherine Gerrick

MASS INTENTIONS FOR THE WEEK

Saturday, February 6th, 2016, 5:00 p.m.

Joseph D'Souza (+)

Sunday, February 7th, 2016, 8 a.m.

Parishioners & Benefactors

Sunday, February 7th, 2016, 10:30 a.m.

Parishioners & Benefactors

Sunday February 7th 2016, 2016, 6 p.m.

Souls in Purgatory (+)

Stewardship – Weekly Offering

January 31st Collection: \$3,727.00 Includes EFT

St. Vincent dePaul stewardship: \$144.94

St. Vincent dePaul second collection: \$1,473.00

Environment Change

"Lent begins on Ash Wednesday, February 10.

Please consider joining the Environment Group any time after 5:30 pm on Monday, February 8 to help with this meaningful change to our church. Food will be served, and children are welcome, school and bedtimes permitting.:

Question of the Week**For Adults:**

When have you felt inadequate to a task or role you were given? How did you respond?

For Children:

When have you been asked to do something you felt might be too hard for you? What did you do?

Dates to Remember

Wednesday, February 10th, Ash Wednesday Masses at 8:30 am, 12:15 pm and 7:00 pm

Wednesday, February 17th, 24th, March 2nd, 9th, 16th, Evening Prayer at 6:15 pm

Ministry Schedule

Monday, Feb 8th @ 5:30 pm
change in the church

Wednesday, Feb 10th @ 8:30
pm – Holy Mass with distribution

Friday, Feb 12th @ 12:10 pm
Cross

Sunday, Feb 14th @ 9:15 a.m.
Sunday, Feb 14th @ 9:15 –

Preparation for Reconciliation
Communion

Sunday, Feb 14th @ 10:30 a.m.
Upcoming Eucharistic Ministry

Sun. Feb 14th @ 12:30 pm
Sun. Feb 21st @ 7:15 pm

Sat. Feb 27th @ 6:15 pm

From the Office of the

PART 1 : In giving Holy Communion to a communicant, and in a clear voice, the priest says: "The Body of Christ," and the communicant responds: "Amen." These are the only words to be used.

are placed in the hand or on the tongue. The communicant begins to walk away carrying the host.

Distribution of Communion: The priest offers the communicant's option to receive on the tongue or in the hand. The priest holds the Cup up slightly and says in a clear voice: "The Blood of Christ," and the communicant responds: "Amen."